



9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 Circle Games/Parachute Fitness  
 10:30 Manicures & Melodies  
 12:00 Lunch  
 2:00 "Out on the Town" Van Ride/One-on-One Activities  
 3:30 Snack Time  
 5:00 Dinner

1 **Salon Day!**  
 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 This or That Game  
 11:00 Carrington Court Bowling  
 12:00 Lunch  
 1:30 Creative Craft Class  
 3:30 **Music/Terry Spencer**  
 3:30 Snack Time  
 5:00 Dinner

2 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 What's Cookin'??  
 11:00 Check it out! Activities with the White Board  
 12:00 Lunch  
 1:30 Memorable Movie/Tasty Treat  
 3:30 - B-I-N-G-O  
 5:00 Dinner

3 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:30 **Local Motion/Dance Recital**  
 12:00 Lunch  
 1:30 B-I-N-G-O  
 3:30 Fun & Games  
 5:00 Dinner



5 9:00 Rejuvenation  
 9:30 LDS Sacrament Meeting  
 10:30 Music & Memory Therapy  
 10:30 Ladies' Spa Day  
 12:00 Lunch  
 1:30 Afternoon Movie  
 5:00 Dinner

6 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 Mind Joggers  
 10:30 Young At Heart Dancers  
 11:00 Old Time Radio/Singing  
 12:00 Lunch  
 2:00 "Out on the Town" Van Ride/One-on-One Activities  
 3:30 Snack Time  
 5:00 Dinner

7 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Indoor Sports/Target Practice  
 11:30 Beanbag & Noodle Fun  
 12:00 Lunch  
 1:30 Book Club/ Visits with Residents  
 1:30 Gospel Doctrine (AL Side)  
 2:30 Balloon Badminton  
 3:00 Pet Therapy  
 3:30 Snack Time  
 4:00 B-I-N-G-O  
 5:00 Dinner

8 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 Circle Games/Parachute Fitness  
 10:30 Manicures & Melodies  
 12:00 Lunch  
 1:30 Leigh/Piano  
 2:00 "Out on the Town" Van Ride/One-on-One Activities  
 3:30 Snack Time  
 5:00 Dinner

9 **Salon Day!**  
 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 ABC Game  
 11:00 Carrington Court Bowling  
 12:00 Lunch  
 1:30 Creative Craft Class  
 3:30 **Music/John Green**  
 3:30 Snack Time  
 5:00 Dinner

10 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 What's Cookin'??  
 11:00 Check It out! Activities with the White Board  
 12:00 Lunch  
 1:30 Memorable Movie/Tasty Treat  
 3:30 B-I-N-O  
 5:00 Dinner

11 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:30 Arts & Crafts  
 12:00 Lunch  
 1:30 B-I-N-G-O  
 3:30 Fun & Games  
 5:00 Dinner



12 9:00 Rejuvenation  
 9:30 LDS Sacrament Meeting  
 10:30 Music & Memory Therapy  
 10:30 Ladies' Spa Day  
 12:00 Lunch  
 1:30 Afternoon Movie  
 5:00 Dinner

13 9:00 Rejuvenation  
 9:30 "Out on the Town" Van Ride  
 9:30 Music & Memory Therapy  
 12:00 Lunch  
 1:30 Puzzles  
 2:30 **Music/Harmony**  
 3:30 B-I-N-G-O  
 3:30 Snack Time  
 5:00 Dinner

14 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Music/Mike Meservy  
 11:30 Beanbag & Noodle Fun  
 12:00 Lunch  
 1:30 Book Club/ Visits with Residents  
 1:30 Gospel Doctrine (AL Side)  
 2:30 Balloon Badminton  
 3:00 Pet Therapy  
 3:30 Snack Time  
 4:00 B-I-N-G-O  
 5:00 Dinner

15 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 Circle Games/Parachute Fitness  
 10:30 Manicures & Melodies  
 12:00 Lunch  
 2:00 "Out on The Town" Van Ride  
 3:30 Snack Time  
 5:00 Dinner

16 **Salon Day!**  
 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Celebrity Guessing Game  
 11:00 Carrington Court Bowling  
 12:00 Lunch  
 2:00 Act III  
 3:00 B-I-N-G-O  
 5:00 Dinner

17 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 What's Cookin'??-  
 11:00 Check It out! Activities with the White Board  
 12:00 Lunch  
 1:30 Memorable Movie/Tasty Treat  
 3:30 B-I-N-O  
 5:00 Dinner

18 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:30 **Music/Piano Recital**  
 12:00 Lunch  
 1:30 B-I-N-G-O  
 3:30 Fun & Games  
 5:00 Dinner



19 9:00 Rejuvenation  
 9:30 LDS Sacrament Meeting  
 10:30 Music & Memory Therapy  
 10:30 Ladies' Spa Day  
 12:00 Lunch  
 1:30 Afternoon Movie  
 5:00 Dinner

20 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 Mind Joggers  
 10:30 Time for Learning  
 11:00 Old Time Radio/Singing  
 12:00 Lunch  
 2:00 "Out on the Town" Van Ride  
 3:30 Snack Time  
 5:00 Dinner

21 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Indoor Sports/Target Practice  
 11:30 Beanbag & Noodle Fun  
 12:00 Lunch  
 1:30 Book Club/ Visits with Residents  
 1:30 Gospel Doctrine (AL Side)  
 2:30 Balloon Badminton  
 3:00 Pet Therapy  
 3:30 Snack Time  
 4:00 B-I-N-G-O  
 5:00 Dinner

22 9:00 Rejuvenation  
 9:30 Music & Memory Therapy  
 10:45 **Field Trip to Water Conservatory and sack lunch/One-on-One Activities**  
 3:30 B-I-N-G-O  
 5:00 Dinner

23 **Salon Day!**  
 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Mystery Guessing Game  
 11:00 Carrington Court Bowling  
 12:00 Lunch  
 1:30 Creative Craft Class  
 3:30 **Music/Lynda Davidson**  
 3:30 Snack Time  
 5:00 Dinner

24 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 What's Cookin'??  
 11:00 Check it out! Activities with the White Board  
 12:00 Lunch  
 1:30 Memorable Movie/Tasty Treat  
 3:30 B-I-N-G-O  
 5:00 Dinner

25 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:30 Arts & Crafts  
 12:00 Lunch  
 1:30 B-I-N-G-O  
 3:30 Fun & Games  
 5:00 Dinner



26 9:00 Rejuvenation  
 9:30 LDS Sacrament Meeting  
 10:30 Music & Memory Therapy  
 10:30 Ladies' Spa Day  
 12:00 Lunch  
 1:30 Afternoon Movie  
 5:00 Dinner

27 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 Mind Joggers  
 10:30 Time for Learning  
 11:00 Old Time Radio/Singing  
 12:00 Lunch  
 2:00 "Out on the Town" Van Ride/One-on-One Activities  
 3:30 Snack Time  
 5:00 Dinner

28 **BIRTHDAY BASH!**  
 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:00 Becky with Sit and Dance  
 11:00 Beanbag & Noodle Fun  
 12:00 Lunch  
 1:30 Book Club/ Visits with Residents  
 1:30 Gospel Doctrine (AL Side)  
 2:30 Balloon Badminton  
 3:00 Pet Therapy  
 3:30 Snack Time  
 4:00 B-I-N-G-O  
 5:00 Dinner

29 9:00 Rejuvenation  
 9:30 "Out on the Town" Van Ride/One-on-One Activities  
 12:00 Lunch  
 3:30 B-I-N-G-O  
 3:30 Snack Time  
 5:00 Dinner

30 **Salon Day!**  
 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Special B-I-N-G-O  
 11:00 Carrington Court Bowling  
 12:00 Lunch  
 1:30 Creative Craft Class  
 3:30 B-I-N-G-O  
 3:30 Snack Time  
 5:00 Dinner

31 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 What's Cookin'??  
 11:00 Check it out! Activities with the White Board  
 12:00 Lunch  
 1:30 Domino Fun  
 2:30 **Music/Heart & Soul**  
 5:00 Dinner



# Mother's Day Word Search



N O I T A I C E R P P A  
 G B N L Y N M B B N T K  
 B X J J J A M R L R Z X  
 R G R A N D M A A F S L  
 E E M L D M G E L D K Q  
 F R T O A T H O R Y L M  
 A P U H M I W A A O Z Y  
 M Q J T G E C D V D T X  
 I Z L R R U N E D K T Y  
 L T J S M U A K P V N J  
 Y Y T N S B N L K S Q T

- Appreciation
- Cards
- Family
- Flowers
- Grandma
- Heart
- Laughter
- Love
- May
- Mom
- Nurture
- Special
- Sunday



*Carrington Court*

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## May 2019

## MOTHER'S DAY



Here at Carrington Court we would like to honor all the beautiful, special, and caring mother's that call our community home. We hope they have a wonderful day.

May




May is the month  
 Of sunshine and flowers  
 Birds in their nests,  
 And one or two showers.  
 Games to play and kites to fly  
 Or just looking at the sky.  
 We could spend a year this way  
 If the year were made of May.




We will be visiting the West Jordan Water Conservation Park, on Wednesday, May 22, leaving Carrington Court at 10:45 a.m. We will be having a sack lunch at the park, then take a tour of the gardens. Please sign up at the front desk. It will be a great day filled with flowers, fun, and wonderful memories.



### Happy Birthday!

- Sue C. - 1st
- Marion H. - 13th
- Renee B. - 24th
- Cheryl B. - 27th

