



9:00 Rejuvenation  
 9:30 LDS Sacrament Meeting  
 10:30 Music & Memory Therapy  
 10:30 Ladies' Spa Day  
 12:00 Lunch  
 1:30 Afternoon Movie  
 5:00 Dinner

8 9:00 Rejuvenation  
 9:30 LDS Sacrament Meeting  
 10:30 Music & Memory Therapy  
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 12:00 Lunch  
 1:30 Afternoon Movie  
 5:00 Dinner

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 12:00 Lunch  
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 5:00 Dinner

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 9:30 LDS Sacrament Meeting  
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 10:30 Ladies' Spa Day  
 12:00 Lunch  
 1:30 Afternoon Movie  
 5:00 Dinner

1 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 Mind Joggers  
 10:30 Time for Learning  
 11:00 Old Time Radio/Singing  
 12:00 Lunch  
 2:00 "Out on the Town" Van Ride/One-on-One Activities  
 3:30 Snack Time  
 5:00 Dinner

8 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
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 9:30 Music & Memory Therapy  
 10:00 Mind Joggers  
 10:30 Time for Learning  
 11:00 Old Time Radio/Singing  
 12:00 Lunch  
 1:30 Field Trip to the Living Planet Aquarium  
 3:30 Snack Time  
 5:00 Dinner

29 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 Mind Joggers  
 10:30 Time for Learning  
 11:00 Old Time Radio/Singing  
 12:00 Lunch  
 2:00 "Out on the Town" Van Ride/One-on-One Activities  
 3:30 Snack Time  
 5:00 Dinner

2 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Indoor Sports/Target Practice  
 11:30 Beanbag & Noodle Fun  
 12:00 Lunch  
 1:30 Book Club/ Visits with Residents  
 3:30 Snack Time  
 5:00 Dinner

9 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Indoor Sports/Target Practice  
 11:30 Beanbag & Noodle Fun  
 12:00 Lunch  
 1:30 Book Club/ Visits with Residents  
 1:30 Gospel Doctrine (AL Side)  
 2:30 Balloon Badminton  
 3:30 Snack Time  
 4:00 B-I-N-G-O  
 5:00 Dinner

16 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Indoor Sports/Target Practice  
 11:30 Beanbag & Noodle Fun  
 12:00 Lunch  
 1:30 Book Club/ Visits with Residents  
 1:30 Gospel Doctrine (AL Side)  
 2:30 Balloon Badminton  
 3:30 Snack Time  
 4:00 B-I-N-G-O  
 5:00 Dinner

23 9:00 Rejuvenation  
 9:30 Music & Memory Therapy  
 10:30 Celebrate the 24th- Make Pioneer Dolls  
 12:00 Lunch  
 1:30 Book Club/ Visits with Residents  
 1:30 Gospel Doctrine (AL Side)  
 2:30 Balloon Badminton  
 3:30 Snack Time  
 4:00 B-I-N-G-O  
 5:00 Dinner

30 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Indoor Sports/Target Practice  
 11:30 Beanbag & Noodle Fun  
 12:00 Lunch  
 1:30 Book Club/ Visits with Residents  
 1:30 Gospel Doctrine (AL Side)  
 2:30 Balloon Badminton  
 3:30 Snack Time  
 4:00 B-I-N-G-O  
 5:00 Dinner

3 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 Circle Games/Parachute Fitness  
 11:00 Art Appreciation-Celebrate 4th of July  
 12:00 Lunch  
 2:00 "Out on the Town" Van Ride/One-on-One Activities  
 3:30 Snack Time  
 5:00 Dinner

10 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 Circle Games/Parachute Fitness  
 11:00 Art Appreciation  
 12:00 Lunch  
 2:00 "Out on The Town" Van Ride  
 3:30 Snack Time  
 5:00 Dinner

17 9:00 Rejuvenation  
 9:30 Music & Memory Therapy  
 9:30 Groov'n & Move'n  
 10:00 Circle Games/Parachute Fitness  
 9:30 "Out on the Town" Van Ride/One-on-One Activities  
 1:30 One-on-One Activities  
 3:30 B-I-N-G-O  
 3:30 Snack Time  
 5:00 Dinner

24 9:00 Rejuvenation  
 9:30 "Out on the Town" Van Ride/One-on-One Activities  
 12:00 Lunch  
 1:30 One-on-One Activities  
 3:30 B-I-N-G-O  
 3:30 Snack Time  
 5:00 Dinner

31 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Indoor Sports/Target Practice  
 11:30 Beanbag & Noodle Fun  
 12:00 Lunch  
 1:30 Book Club/ Visits with Residents  
 1:30 Gospel Doctrine (AL Side)  
 2:30 Balloon Badminton  
 3:30 Snack Time  
 4:00 B-I-N-G-O  
 5:00 Dinner

4 **Salon Day!**  
 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 11:00 Carrington Court Bowling  
 12:00 Lunch  
 1:30 Creative Craft Class  
 3:30 *Music/Old Time Fiddlers*  
 3:30 Snack Time  
 5:00 Dinner

11 **Salon Day!**  
 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 11:00 Carrington Court Bowling  
 12:00 Lunch  
 1:30 Creative Craft Class  
 3:30 *Music/Terry Spencer*  
 3:30 Snack Time  
 5:00 Dinner

18 **Salon Day!**  
 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 10:30 Carrington Court Bowling  
 12:00 Lunch  
 1:30 Creative Craft Class  
 3:30 *Music/Sheri Naylor*  
 3:30 Snack Time  
 5:00 Dinner

25 **Salon Day!**  
 9:00 Rejuvenation  
 9:30 Music'n Movement/Singing  
 9:30 Music & Memory Therapy  
 11:00 Carrington Court Bowling  
 12:00 Lunch  
 1:30 Creative Craft Class  
 3:30 *Music/Linda Davidson*  
 3:30 Snack Time  
 5:00 Dinner



5 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 What's Cookin'? - Make homemade butter & muffins  
 11:00 Check It out! Activities with the White Board  
 12:00 Lunch  
 1:30 Memorable Movie/Tasty Treat  
 3:30 B-I-N-G-O  
 5:00 Dinner

12 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 What's Cookin'?  
 11:00 Check it out! Activities with the White Board  
 12:00 Lunch  
 1:30 Memorable Movie/Tasty Treat  
 3:30 B-I-N-G-O  
 5:00 Dinner

19 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 What's Cookin'?  
 11:00 Check it out! Activities with the White Board  
 12:00 Lunch  
 1:30 Memorable Movie/Tasty Treat  
 3:30 B-I-N-G-O  
 5:00 Dinner

26 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:00 What's Cookin'? - Make homemade ice cream  
 11:00 Check it out! Activities with the White Board  
 12:00 Lunch  
 1:30 Memorable Movie/Tasty Treat  
 3:30 B-I-N-G-O  
 5:00 Dinner

6 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:30 Arts & Crafts  
 12:00 Lunch  
 1:30 B-I-N-G-O  
 3:30 Fun & Games  
 3:30 Snack Time  
 5:00 Dinner

13 9:00 Rejuvenation  
 9:30 Groove'n & Move'n  
 9:30 Music & Memory Therapy  
 10:30 Arts & Crafts  
 12:00 Lunch  
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 9:30 Music & Memory Therapy  
 10:30 Arts & Crafts  
 12:00 Lunch  
 1:30 B-I-N-G-O  
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 10:30 Arts & Crafts  
 12:00 Lunch  
 1:30 B-I-N-G-O  
 3:30 Fun & Games  
 3:30 Snack Time  
 5:00 Dinner

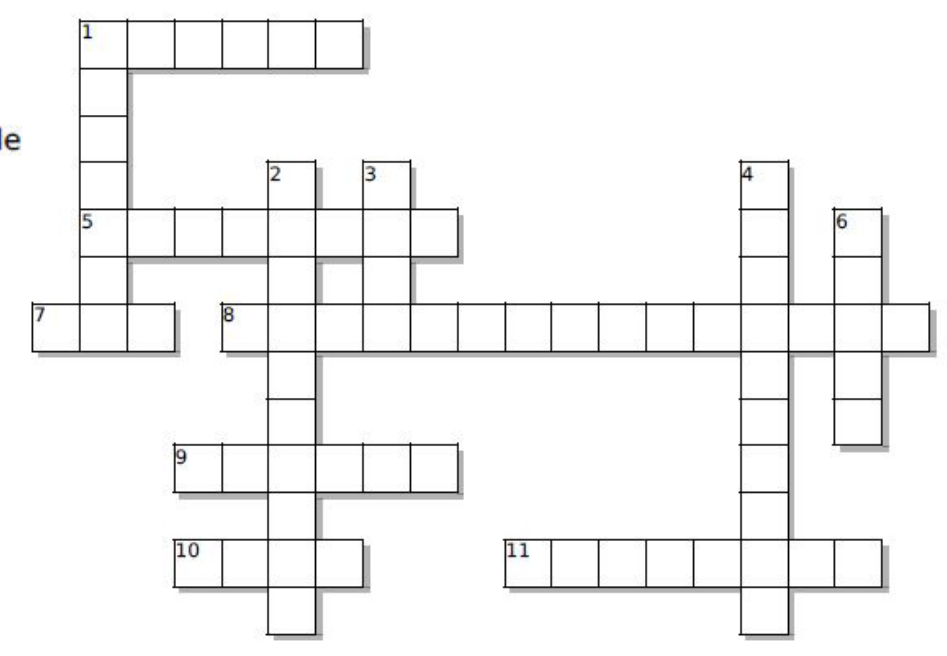




ACROSS

- 1 season in July
- 5 ice pop on a stick
- 7 abbreviation for United States of America
- 8 another name for the Fourth of July
- 9 event organized with people lining the street
- 10 wave your \_\_\_\_\_
- 11 colorful explosion in air

# July Crossword



DOWN

- 1 stars and \_\_\_\_\_
- 2 another name for the Twenty Fourth of July
- 3 red, white, and, \_\_\_\_\_
- 4 fruit common at a BBQ in July
- 6 50 of these are on the American Flag



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## July 2018

### Aquarium Field Trip



On Monday, July 23, we will be going to the Living Planet Aquarium. We will start loading at 1 p.m., and leave by 1:30 p.m. Please sign up at the front desk as soon as possible, we will need family to assist their loved ones in order for them to go.

### The Statue of Liberty

The Statue of Liberty was a gift of friendship from the people of France commemorating the alliance of France and the United States during the American Revolution. On the Statue it says "Give me your tired, your poor, Your huddled masses yearning to breathe free, The wretched refuse of your teeming shore. Send these, the homeless, tempest-tossed to me, I lift my lamp beside the golden door!" The torch is a symbol of enlightenment. The Statue of Liberty's torch lights the way to freedom showing us the path to Liberty. Even the Statue's official name represents her most important symbol "Liberty Enlightening the World".



## Pioneer Day

Making Pioneer Dolls



Pioneer Day is an official holiday celebrated on July 24 in the state of Utah. It commemorates the entry of Brigham Young and the first group of Mormon pioneers into the Salt Lake Valley on July 24, 1847, where the Latter-day-Saints settled after being forced from Nauvoo, Illinois. Parades, fireworks, rodeos, and other festivities help commemorate the event.



Happy Birthday!  
Diane E. - 14th