

Welcome to Carrington Court Gerry, Lois, and Virginia!



# January

**NEW YEARS DAY!!**  
8:00 Breakfast  
12:00 Lunch  
3:00 B-I-N-G-O  
5:00 Dinner

8:00 Breakfast  
12:00 Lunch  
3:00 B-I-N-G-O  
5:00 Dinner



3  
ENJOY YOUR SUNDAY!  
8:00 Breakfast  
9:30 Music and the Spoken Word (TV Channel 5)  
12:00 Lunch  
5:00 Dinner

4  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Mike/Exercise  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

5  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Parachute Fun  
12:00 Lunch  
1:30 Creative Crafts  
3:00 Magnificent Manicures  
5:00 Dinner

6  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
11:00 Balloon Noodle  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

7  
**Salon Day!**  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Craft-  
3:30 Christmas B-I-N-G-O  
5:00 Dinner

8  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 What's Cookin'??  
12:00 Lunch  
1:30 Movie Matinee/  
Tasty Treat  
5:00 Dinner

8:00 Breakfast  
12:00 Lunch  
3:00 B-I-N-G-O  
5:00 Dinner



10  
ENJOY YOUR SUNDAY!  
8:00 Breakfast  
9:30 Music and the Spoken Word (TV Channel 5)  
12:00 Lunch  
5:00 Dinner

11  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Mike/Bible Story  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

12  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Parachute Fun  
12:00 Lunch  
1:30- Creative Craft  
3:00 Magnificent Manicures  
5:00 Dinner

13  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
11:00 Balloon Noodle  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
3:30 Snack  
5:00 Dinner

14  
**Salon Day!**  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Crafts  
3:30 B-I-N-G-O  
5:00 Dinner

15  
9:30 Groove'n & Move'n Exercise  
10:00 What's Cookin'??  
12:00 Lunch  
1:30 Movie Matinee/  
Tasty Treat  
5:00 Dinner

8:00 Breakfast  
12:00 Lunch  
3:00 B-I-N-G-O  
5:00 Dinner



17  
ENJOY YOUR SUNDAY!  
8:00 Breakfast  
9:30 Music and the Spoken Word (TV Channel 5)  
12:00 Lunch  
5:00 Dinner

18  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
11:00 Mike/Exercise  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

19  
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10:00 Music & Memory  
10:30 Parachute Fun  
12:00 Lunch  
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3:00 Magnificent Manicures  
5:00 Dinner

20  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Balloon Noodle  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

21  
**Salon Day!**  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Crafts  
3:30 B-I-N-G-O  
5:00 Dinner

22  
9:30 Groove'n & Move'n Exercise  
10:00 What's Cookin'??  
12:00 Lunch  
1:30 Movie Matinee/  
Tasty Treat  
5:00 Dinner

8:00 Breakfast  
12:00 Lunch  
3:00 B-I-N-G-O  
5:00 Dinner

24/31  
ENJOY YOUR SUNDAY!  
8:00 Breakfast  
9:30 Music and the Spoken Word (TV Channel 5)  
12:00 Lunch  
5:00 Dinner

25  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
11:00 Mike/Bible Story  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

26  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Parachute Fun  
12:00 Lunch  
1:30 Creative Crafts  
3:00 Magnificent Manicures  
5:00 Dinner

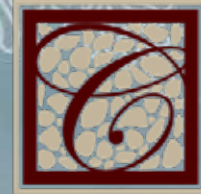
27  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Balloon Noodle  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

28  
**Salon Day!**  
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10:00 Music & Memory  
10:30 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Crafts  
3:30 B-I-N-G-O  
5:00 Dinner

29  
9:30 Groove'n & Move'n Exercise  
10:00 What's Cookin'??  
12:00 Lunch  
1:30 Movie Matinee/  
Tasty Treat  
5:00 Dinner

8:00 Breakfast  
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Carrington Court

1928 W 9800 S

South Jordan, UT 84095

801-676-8787

HAPPY NEW YEAR TO ALL OUR RESIDENTS!!  
 Looking back on months gone by, as a New Year starts and an old one ends.  
 We recall all the wonderful moments and the happy times here at Carrington Court.  
 Remembering all the special people we have come to know, and how much they have enriched our lives.  
 We reflect on what really counts, and this is to do everything we can to have our residents feel loved and at home.  
 As the fresh and bright New Year arrives, we hope this year brings good health, happiness, the love of family, peace, and a year full of joy!

# January 2021

## Happy New Year!! Welcome 2021!!!



Happy Birthday!

Minnie S. - 12th



A big thank you to the Olson family for donating the Resident Ornament Christmas Tree!

