



**Week 1- "Frosty the Snow Man & Rudolph the Red Nose Reindeer Week"**  
 9:30 Groove'n & Move'n Exercise  
 10:00 Music & Memory  
 10:30 Balloon Noodle  
 12:00 Lunch  
 1:30 Creative Crafts- Rudolph the Red Nose Reindeer  
 3:00 Magnificent Manicures  
 5:00 Dinner

1 9:30 Groove'n & Move'n  
 2 Exercise  
 10:00 Music & Memory  
 11:00 Christmas Story Time  
 12:00 Lunch  
 2:00 "Adventure Awaits"  
**Van Ride**  
 5:00 Dinner

**Salon Day!**  
 3 9:30 Groove'n & Move'n  
 4 Exercise  
 10:00 Music & Memory  
 10:30 Balloon Noodle  
 12:00 Lunch  
 1:30 Creative Craft- Frosty the Snowman  
 3:30 Christmas B-I-N-G-O  
 5:00 Dinner

9:30 Groove'n & Move'n  
 Exercise  
 10:00 Music & Memory  
 10:30 What's Cookin' for Christmas?  
 12:00 Lunch  
 1:30 **Movie Matinee- "Rudolph the Red Nose Reindeer" & Tasty Treat**  
 5:00 Dinner

5  
 8:00 Breakfast  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner



6 **ENJOY YOUR SUNDAY!**  
 8:00 Breakfast  
 9:30 Music and the Spoken Word  
 (TV Channel 5)  
 12:00 Lunch  
 5:00 Dinner

**Week 2- "Santa Claus is Coming to Town & Gingerbread Week"**  
 7 9:30 Groove'n & Move'n Exercise  
 10:00 Music & Memory  
 10:30 Mike/Bible Story  
 12:00 Lunch  
 2:00 "Adventure Awaits" **Van Ride**  
 5:00 Dinner

9:30 Groove'n & Move'n  
 8 Exercise  
 10:00 Music & Memory  
 10:30 Creative Christmas Crafts  
 12:00 Lunch  
 1:30 Gingerbread Cookie Decorating  
 3:00 Magnificent Manicures  
 5:00 Dinner

9 9:30 Groove'n & Move'n  
 Exercise  
 10:00 Music & Memory  
 11:00 Christmas Story Time  
 12:00 Lunch  
 2:00 "Adventure Awaits" **Van Ride**  
 3:30 Snack  
 5:00 Dinner

**Salon Day!**  
 10 9:30 Groove'n & Move'n  
 Exercise  
 10:00 Music & Memory  
 10:30 Balloon Noodle  
 12:00 Lunch  
 1:30 Gingerbread Houses  
 3:30 B-I-N-G-O  
 5:00 Dinner

11 9:30 Groove'n & Move'n  
 Exercise  
 10:00 What's Cookin' for Christmas?  
 12:00 Lunch  
 1:30 **Movie Matinee- "Santa Clause is Coming to Town" & Tasty Treat**  
 5:00 Dinner

12  
 8:00 Breakfast  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner



13 **ENJOY YOUR SUNDAY!**  
 8:00 Breakfast  
 9:30 Music and the Spoken Word  
 (TV Channel 5)  
 12:00 Lunch  
 5:00 Dinner

**Week 3- "Polar Express Week"**  
 14 9:30 Groove'n & Move'n Exercise  
 10:00 Music & Memory  
 11:00 Mike/Bible Story  
 12:00 Lunch  
 2:00 "Adventure Awaits" **Van Ride**  
 5:00 Dinner

**Pajama Day!**  
 15 9:30 Groove'n & Move'n Exercise  
 10:00 Music & Memory  
 10:30 Creative Christmas Crafts  
 12:00 Lunch  
 1:30 Movie Matinee "Polar Express" Hot Chocolate Bar & Cookies  
 3:00 Magnificent Manicures  
 5:00 Dinner

16 9:30 Groove'n & Move'n  
 Exercise  
 10:00 Music & Memory  
 10:30 Balloon Noodle  
 12:00 Lunch  
 2:00 "Adventure Awaits"  
**Van Ride**  
 5:00 Dinner

**Salon Day!**  
 17 9:30 Groove'n & Move'n  
 Exercise  
 10:00 Music & Memory  
 10:30 Balloon Noodle  
 12:00 Lunch  
 1:30 Christmas Stories  
 3:30 B-I-N-G-O  
 5:00 Dinner

18 9:30 Groove'n & Move'n  
 Exercise  
 10:00 What's Cookin' for Christmas?  
 12:00 Lunch  
 1:30 **Movie Matinee/ Tasty Treat**  
 5:00 Dinner

19  
 8:00 Breakfast  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner



20 **ENJOY YOUR SUNDAY!**  
 8:00 Breakfast  
 9:30 Music and the Spoken Word  
 (TV Channel 5)  
 12:00 Lunch  
 5:00 Dinner

**Week 4- "How the Grinch Stole Christmas Week"**  
 21 9:30 Groove'n & Move'n Exercise  
 10:00 Music & Memory  
 11:00 Mike/Bible Story  
 12:00 Lunch  
 2:00 "Adventure Awaits" **Van Ride**  
 5:00 Dinner

**Ugly Sweater Day!!**  
 22 9:30 Groove'n & Move'n Exercise  
 10:00 Music & Memory  
 10:30 Balloon Noodle  
 12:00 Lunch  
 1:30 Creative Christmas Crafts  
 3:00 Magnificent Manicures  
 5:00 Dinner  
 5:30 "Adventure Awaits" **(Christmas Lights Night) Van Ride**

23 9:30 Groove'n & Move'n  
 Exercise  
 10:00 Music & Memory  
 10:30 Christmas Story Time  
 12:00 Lunch  
 1:30 **Movie Matinee- "How the Grinch Stole Christmas" Hot Chocolate Bar & Cookies**  
 3:00 Special Delivery  
 5:00 Dinner

**CHRISTMAS EVE!**  
 24 8:00 Breakfast  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

**CHRISTMAS DAY!!**  
 25 8:00 Breakfast  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

26  
 8:00 Breakfast  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner



27 **ENJOY YOUR SUNDAY!**  
 8:00 Breakfast  
 9:30 Music and the Spoken Word  
 (TV Channel 5)  
 12:00 Lunch  
 5:00 Dinner

28 9:30 Groove'n & Move'n  
 Exercise  
 10:00 Music & Memory  
 10:30 Parachute Balloon  
 12:00 Lunch  
 2:00 "Adventure Awaits"  
**Van Ride**  
 5:00 Dinner

**BIRTHDAY CELEBRATIONS!**  
 29 9:30 Groove'n & Move'n Exercise  
 10:00 Music & Memory  
 10:30 Off to the Races  
 12:00 Lunch  
 1:30 Creative Winter Crafts  
 3:00 Magnificent Manicures  
 5:00 Dinner

30 9:30 Groove'n & Move'n  
 Exercise  
 10:00 Music & Memory  
 10:30 Balloon Noodle  
 12:00 Lunch  
 2:00 "Adventure Awaits"  
**Van Ride**  
 5:00 Dinner

**NEW YEAR'S EVE!!**  
 31 **Salon Day!**  
 9:30 Groove'n & Move'n  
 Exercise  
 10:00 Music & Memory  
 10:30 Balloon Noodle  
 12:00 Lunch  
 1:30 Creative Craft- Snow Flakes  
 3:30 B-I-N-G-O  
 5:00 Dinner





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*Merry Christmas!!*

**December 2020**

*Merry Christmas & Happy New Year!!*

*We would like to wish all of our residents and their families a wonderful holiday season. May the upcoming weeks be filled with family, friends and fun. Let the joy of the season find peace, happiness and Love in your heart.*



*'Twas the night before Christmas,  
when all through the house  
Not a creature was stirring, not even a mouse;  
The stockings were hung by the chimney with care,  
In hopes that St. Nicholas soon would be there;*

*He was dress all fur, from his head to his foot,  
And his clothes were all tarnished with ashes and soot;  
A bundle of toys he had flung on his back,  
And he looked like a peddler just opening his pack.*



**Happy Birthday!**

Jeanne J. - 20th  
Joyce D. - 28th

