

Thanksgiving Facts -

~The average number of calories consumed on Thanksgiving is 4,500

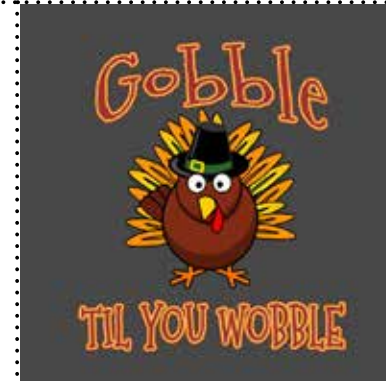
~ The tradition of football on Thanksgiving began in 1876 with a game between Yale and Princeton. The first NFL games were played on Thanksgiving in 1920

~ Abraham Lincoln proclaimed Thanksgiving a national holiday on October 3, 1863

~ Turkey wasn't on the menu at the first Thanksgiving. Venison, duck, goose, oysters, lobster, eel, and fish were likely served, alongside pumpkins and cranberries (but not pumpkin pie or cranberry sauce!)

~ The first Thanksgiving was celebrated in 1621 over a three day harvest festival

November



1
9:30 **Outing – Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

2
9:30 Let's Move!
10:15 Activities Upstairs
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

3
**DAYLIGHT SAVINGS TIME ENDS
CLOCKS FALL BACK ONE HOUR!!**
9:30 Music & the Spoken Word (BYU TV)
10:30 LDS Sacrament Meeting
11:15 Relief Society & Priesthood
12:00 Lunch
5:00 Dinner

4
9:30 Let's Move!
10:15 Team Game – Spelling Bee
11:00 "Price is Right" Game with Simone
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

5
9:30 Let's Move!
10:15 November in History
10:20 Fill-in-the-Blanks
11:00 Manicures
12:00 Lunch
1:30 LDS Carrington Court Branch Gospel Studies
3:00 B-I-N-G-O
5:00 Dinner

6
9:30 Let's Move!
10:15 Clever Crossword Puzzle
11:15 Craft Corner – Thanksgiving Day Cards
12:00 Lunch
2:30 *Afternoon Matinee "Good-bye Christopher Robin"*
5:00 Dinner
6:00 Church Youth Group visit in the Activity Room

7
9:30 Let's Move!
10:15 Balloon Badminton
11:00 Cranium Crunches
12:00 Lunch
3:30 B-I-N-G-O
5:00 Dinner

8
9:30 **Outing – Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

9
9:30 Let's Move!
10:15 Activities Upstairs
12:00 Lunch
3:00 **Singing/Piano/ Violin – Ann's daughter & Lynn's granddaughter perform**
5:00 Dinner

10
9:30 Music & the Spoken Word (BYU TV)
10:30 LDS Sacrament Meeting
11:15 Relief Society & Priesthood
12:00 Lunch
5:00 Dinner

11
VETERAN'S DAY
9:30 Let's Move!
10:15 Short Documentary – "Arlington Field of Honor"
12:00 Lunch
3:00 **Piano/Singer – Bob Shorten Performs**
5:00 Dinner

12
9:30 Let's Move!
10:15 November in History
10:20 Fill-in-the-Blanks
11:00 Manicures
12:00 Lunch
1:30 LDS Carrington Court Branch Gospel Studies
3:00 B-I-N-G-O
5:00 Dinner

13
9:30 Let's Move!
10:15 Clever Crossword Puzzle
11:15 Learn the Emoji's
12:00 Lunch
2:30 *Afternoon Matinee "Patch of Blue"*
5:00 Dinner
6:00 LDS Branch Activity – Everyone Invited

14
9:30 Let's Move!
10:15 Balloon Badminton
11:00 Cranium Crunches
12:00 Lunch
3:30 B-I-N-G-O
5:00 Dinner

15
9:30 **Outing – Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

16
9:30 Let's Move!
10:15 Activities Upstairs
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

17
9:30 Music & the Spoken Word (BYU TV)
10:30 LDS Sacrament Meeting
11:15 Relief Society & Priesthood
12:00 Lunch
5:00 Dinner

18
9:30 Let's Move!
10:15 Parachute Fitness Express
11:15 Chaplain Mike Inspiration
12:00 Lunch
3:00 **Country/Western – New Fiddler's Perform**
5:00 Dinner

19
9:30 Let's Move!
10:15 November in History
10:20 Fill-in-the-Blanks
11:00 Manicures
12:00 Lunch
1:30 LDS Carrington Court Branch Gospel Studies
3:00 B-I-N-G-O
5:00 Dinner

20
9:30 Let's Move!
10:15 Clever Crossword Puzzle
11:15 Concentration – Thanksgiving
12:00 Lunch
2:30 *Afternoon Matinee "Magnificent Ambersons"*
5:00 Dinner

21
9:30 Let's Move!
10:15 Balloon Badminton
11:00 Cranium Crunches
12:00 Lunch
3:30 B-I-N-G-O
5:00 Dinner

22
9:30 **Outing – Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

23
9:30 Let's Move!
10:15 Activities Upstairs
11:00 **Vocal Performances – Paula Powers Studio**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

24
9:30 Music & the Spoken Word (BYU TV)
10:30 LDS Sacrament Meeting
11:15 Relief Society & Priesthood
12:00 Lunch
5:00 Dinner

25
9:30 Let's Move!
10:15 **Resident Council Meeting – All Residents Are Encourage to Attend**
11:15 Sort it Out!
12:00 Lunch
3:00 **Singer – Lynda Davidson Performs**
5:00 Dinner

26
9:30 Let's Move!
10:15 November in History
10:20 Fill-in-the-Blanks
11:00 Manicures
12:00 Lunch
1:30 LDS Carrington Court Branch Gospel Studies
3:00 B-I-N-G-O
5:00 Dinner

27
9:30 Let's Move!
10:15 Clever Crossword Puzzle
11:15 Plinko
12:00 Lunch
2:30 *Afternoon Matinee "An Old- Fashioned Thanksgiving"*
5:00 Dinner

28
HAPPY THANKSGIVING
8:00 Breakfast
12:00 Lunch
5:00 Dinner

29
9:30 **Outing – Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

30
9:30 Let's Move!
10:15 Activities Upstairs
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner



Thanksgiving Word Search

Blessings
 Corn
 Cranberry
 Family
 Feast
 Gather
 Harvest

November
 Pilgrims
 Pumpkin Pie
 Stuffing
 Thanksgiving
 Tradition
 Turkey

X T N O V E M B E R B D R
 Y N H R T S E V R A H P B
 R N B A R R L T M M U M K
 R Z S B N P A X U M D B P
 E S R M K K M D P R L P N
 B T E M I Y S K I E K P T
 N U H F K R I G S T F E N
 A F T R E N G S I A I R Y
 R F A Z P A I L M V O O N
 C I G I M N S I I C I Q N
 X N E L G R L T M P R N N
 Z G K S B Y V D N M T M G



Carrington Court

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November 2019

Family consist of the people who support and love you and the people you can confide in and trust. In the month of November, we might find ourselves thinking of all the ways we are thankful and blessed in our lives. Remember to reach out to your family and never miss a chance to say "I love you"!



Happy Birthday!

- | | |
|-----------------|-------------------|
| Jeane L. - 1st | Kay B. - 15th |
| Betty H. - 5th | Rhea P. - 18th |
| Vicki C. - 12th | Dorothy M. - 28th |
| Wanda H. - 13th | |

