



Please note there are 31 days in December, which are a Sunday and Monday. Sunday will be a church day as usual. Monday will be an adventure in the activity room!



1
9:30 Let's Move!
10:15 *South Jordan Youth Council perform skit and visit*
12:00 Lunch
2:30 *United Dance Artists Perform Christmas Program*
5:00 Dinner

2
9:30 Music & the Spoken Word (BYU TV)
10:30 LDS Sacrament Meeting
11:15 Relief Society & Priesthood
12:00 Lunch
5:00 Dinner

3
9:30 Let's Move!
10:15 Arm Workout with Parachute Craziiness
11:00 "Easy" Crossword Puzzle
12:00 Lunch
3:00 *West Jordan High School Madrigals Perform*
5:00 Dinner
6:00 *Christmas Sing-A-Long in the dining room*

4
9:30 Let's Move!
11:00 Manicures
11:45 *Christmas Piano Duets in Dining Room*
12:00 Lunch
1:30 LDS Gospel Doctrine Lesson
4:00 *Dancing/Singing - Clayton Productions Performs*
5:00 Dinner
6:00 *Youth Talent Show in large Activity Room*

5
9:45 *Jordan High Madrigals Perform*
10:30 Clever Crossword Puzzle
12:00 Lunch
2:30 *Afternoon Matinee - "A Christmas Carol"*
5:00 Dinner
6:00 *Daybreak Children's Choir Perform*

6
9:30 Let's Move!
10:15 Balloon Badminton
11:00 Cranium Crunches
11:45 *Christmas Piano Music in Dining Room*
12:00 Lunch
3:00 *West Jordan Senior Band Performs*
5:00 Dinner

7
9:30 **Outing - Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

8
9:30 Let's Move!
10:15 Activities Upstairs
12:00 Lunch
3:00 *Christmas Celebration in Large Activity Room with Chase Family*
5:00 Dinner

9
9:30 Music & Spoken Word (BYU TV)
10:30 LDS Sacrament Meeting
11:15 Relief Society & Priesthood
12:00 Lunch
5:00 Dinner

10
9:30 Let's Move!
10:15 List words with double letters
11:00 *Women's Choir Performs - Deci-Bells*
12:00 Lunch
3:00 B-I-N-G-O
4:45 *Piano Recital in Dining Room*
5:00 Dinner

11
9:30 Let's Move!
10:15 Picture of the Week
10:20 Fill-in-the-Blanks
11:00 Manicures
12:00 Lunch
1:30 LDS Gospel Doctrine Lesson
3:00 B-I-N-G-O
5:00 Dinner
6:00 *West Jordan Jazz Band*

12
9:30 Let's Move!
10:15 Clever Crossword Puzzle
11:15 Concentration - Christmas related
12:00 Lunch
3:00 *Bingham High School Choir Performance*
4:00 *Afternoon Matinee - "My Broken Horse Christmas"*
5:00 Dinner

13
9:30 Let's Move!
10:15 Balloon Badminton
11:00 Cranium Crunches
12:00 Lunch
5:00 **Christmas Family Dinner at Carrington Court**
****each resident please invite two guests****

14
9:30 Let's Move!
10:20 *Choir Performance - Riverton High School Acappella*
12:00 Lunch
1:00 **Outing - Scenic Drive**
5:00 Dinner

15
9:30 Let's Move!
10:15 Activities Upstairs
11:00 *Violin Performance - Megan Wahlberger Studio*
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

16
9:30 Music & the Spoken Word (BYU TV)
10:30 LDS Sacrament Meeting
11:15 Relief Society & Priesthood
12:00 Lunch
4:30 *Piano Recital in Dining Room*
5:00 Dinner

17
9:30 Let's Move!
10:15 Saint Andrews Catholic School Performs
11:00 *Resident Council Meeting - All Residents Are Encouraged to Attend*
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

18
CHRISTMAS PAJAMA DAY!!
9:30 Let's Move!
10:15 Picture of the Day
10:30 Fill-in-the-Blanks
11:00 Manicures
12:00 Lunch
1:30 LDS Gospel Doctrine Lesson
3:00 *Choir Performance - West Jordan Junior Madrigals Perform*
5:00 Dinner

19
9:30 Let's Move!
10:15 Clever Crossword Puzzle
11:00 Name That Item
12:00 Lunch
2:30 *Afternoon Matinee - "Christmas for a Dollar"*
5:00 Dinner

20
9:30 Let's Move!
10:00 *Hawthorn Academy 5th Grade Singing Program*
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

21
CHRISTMAS SWEATER/SHIRT/SOCK DAY!!
9:30 **Outing - Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

22
9:30 Let's Move!
10:15 Activities Upstairs
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

23
9:30 Music & the Spoken Word (BYU-TV)
10:30 LDS Sacrament Meeting
11:15 Relief Society & Priesthood
12:00 Lunch
4:30 *Piano Recital in Dining Room*
5:00 Dinner

24
9:30 Let's Move!
10:15 Name That Christmas Carol
11:00 Egg Nog or Hot Cocoa & Christmas Story
12:00 Lunch
3:00 Christmas B-I-N-G-O
4:30 *Piano Performance in Dining Room - Judy Lloyd*
5:00 Dinner



25
9:30 Let's Move!
10:15 Clever Crossword Puzzle
11:15 Team Game
12:00 Lunch
2:30 *Afternoon Matinee - "Christmas Oranges"*
5:00 Dinner

26
9:30 Let's Move!
10:15 Balloon Badminton
11:00 Cranium Crunches
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

27
9:30 **Outing - Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

28
9:30 Let's Move!
10:15 Activities Upstairs
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

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Pajama Day 2017

Assisted Living



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Carrington Court Assisted Living is a community that enjoys celebrating together!! During the month of December we pick one day, and everyone wears their Christmas pajamas all day! Employees and residents join in the fun, everyone can't wait to see all the different varieties of pajamas. These are some pictures from last year's special day; we can't wait to see what this year's pajama day brings.

December 2018



FAMILY CHRISTMAS DINNER

Residents, please invite two special guests to join you on Thursday, December 13, beginning 5:00 p.m. for the Carrington Court Family Christmas dinner. Let the hustle and bustle of the season stop for a few hours and relax at Carrington Court. The kitchen will be preparing a special holiday meal and we look forward to serving you.



*"Jolly Old St. Nicholas"
Jolly Old St. Nicholas, lean your ear this way!
Don't you tell a single soul, what I'm going to say.
Christmas Eve is coming soon, now, you dear old man, whisper what you'll bring to me. Tell me if you can!*

Carrington Court Pajama Day is December 18, 2018!



Happy Birthday!

- Norma D. - 1st
- Terry P. - 7th
- Afton C. - 14th
- Glen C. - 29th